

PHASE 1 - PREPARATORY & DRAINAGE

DAY 1 - 120



Bowel Mover

Take 1 to 2 capsules twice daily.

3 to 8 bottles

Kidney & Liver Detox

Take 1 capsule three times daily.

4 bottles

Lymphatic Detox

Take 1 capsule twice daily.

4 bottles

VirRadChem Binder

Take 1 to 3 capsules twice daily.

3 to 9 bottles

BioActive Carbon Iodine

Take 1 tablet daily.

2 bottles

BioMolecular Oxygen

5-10 drops in water up to 3 times daily.

2 to 4 bottles

BioActive Carbon Minerals

5-10 drops in water up to 3 times daily.

2 to 4 bottles

PHASE 2 – ADD IMMUNE SYSTEM SUPPORT

DAY 30 - 120



Para 1

Take 2 capsules twice daily on an empty stomach.

3 bottles

Para 2

Take 1 capsule three times daily.

3 bottles

BioToxin Binder

Take 2 capsules twice daily on an empty stomach.

3 to 5 bottles

PHASE 3 - ADD HEAVY METAL DETOXIFICATION

DAY 60 – 120+



HM-ET Binder

Take 1 capsule twice daily for the first 30 days. You may increase up to 3 capsules twice daily as needed.

1 to 4 bottles

IF YOU EXPERIENCE ADVERSE REACTIONS TO ANY OF THE PRODUCTS, CONSULT YOUR HEALTHCARE PROFESSIONAL. These products are not intended to diagnose, treat, cure or prevent any disease. Please consult your healthcare professional before use if you are pregnant, breastfeeding, or considering use for a child.

The
Lifestyle
Mechanic